

NEW YORK  
**SKIN**  
VEIN  
CENTERS

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## Inside

- Patient Appreciation Day  
**Fifty Shades of Oneonta  
Cocktail Party!**
- Laser Hair Removal  
**Effective, Precise and  
Cost-Efficient**
- October Calendar and Specials  
**FREE Leg Vein  
Ultrasound and/or  
Fungal Toenail  
Screening, Oct. 13.**

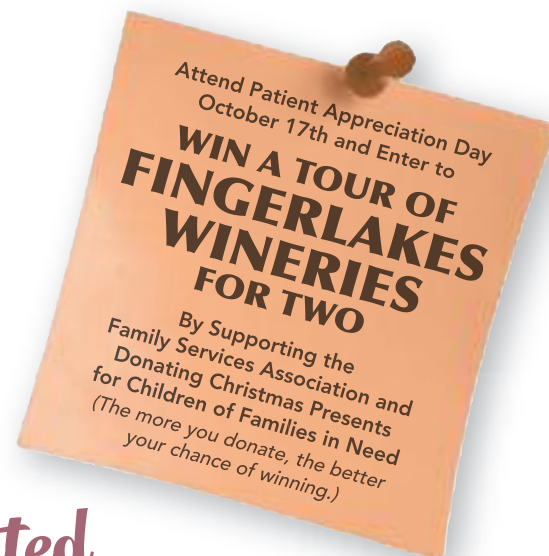
... and More



### WIFE APPRECIATION DAY CONTEST WINNERS RECEIVE FREE SPA TREATMENTS

Congratulations to Carmen Williams and her husband for posting their 33rd wedding anniversary kiss while on an African safari! They win two free spa treatments of their choice. Thanks to everyone who posted their smoochiest photo. Visit us on Facebook to view them all.

STANDARD  
US POSTAGE  
**PAID**  
PERMIT #566  
UTICA NY



You are Invited  
to the  
**Cocktail Party**  
of the Season!



DR. ERIC DOHNER'S

# The New You

Insider tips for a healthy, wealthy  
and happy life | October 2012

## TRICKS AND TREATS IN FIFTY SHADES FOR YOU!

Just when you decided that Halloween would come and go this year and you wouldn't be able to wear that Little Black Dress or Costume you barely dared to, we are inviting you to our **Free Patient Appreciation Cocktail Party**, a Mild — not Wild — event in celebration of the book that everyone is reading but won't admit to. *Fifty Shades of Oneonta*, will be the party of the season in oh so many ways.

So please join us on **Wednesday, October 17th**, from 3 to 8 pm, in your outstanding, outlandish, evil, sexy, scary and definitely out-of-this-world crazy **Costume** or in your favorite **Little Black Dress** That Goes Absolutely Anywhere. (If you opt for the LBD, don't forget your pearls or a grey tie.)

We'll provide you with a mask if you don't have one, and we'll also let you have **22% off** all our products and services when you pre-purchase them on This Day Only. Of course, should you need a **Mini Massage** or a **Facial**, just order one up and it's yours for **FREE** at the party!

Expect **Dinner, Dessert, Wine, Cocktails**, and **Special Gifts** from the Spa — Botox and Juvederm Demos, **Goodie Bags**, and a **Psychic/Tarot Card Reader** at your service. There'll be **Seminars** too, from a leading therapist, and lots of sexy, sleepy, smooth **Lingerie** will be yours to purchase. Spa Prizes will be handed out every hour including the **Grand Prize**: A Romantic Tour for TWO to the famous Fingerlakes Wineries!

So come join the party. Have a night out with your friends and treat yourself to some high-maintenance products that will help you usher in the Holiday Season — that busy, joyous time that comes after the Fall.

We can't wait to see you and your LBD or Costume on the 17th at the Skin and Vein Center, 41-45 Dietz Street, Oneonta!

You must wear a mask! And you **MUST RSVP** now by calling 431-2525 or emailing your name and number of guests to OneontaLaserDerm@yahoo.com. You can even get the discount if you forget to come to the party — just let us know at 431-2525 between 9am and 3pm on the Big Day (October 17th).

## A Cocktail Party ...

FOR YOU AND YOUR FRIENDS,  
WITH PRIZES GALORE!

- Best Cocktail / LBD Dress
- Best Use of a GREY TIE
- Best MASK (if you bring one)
- Best HALLOWEEN Costume
- SEXIEST Outfit
- Biggest or Best HAIR
- Best ACCESSORIES (Oo La La!)
- Person bringing the Most NEWBIES (and for the whole newbie crew) ... AND MORE

This party is **JUST FOR YOU**, and **JUST FOR FUN**. Sorry, no men or children; babysitting is not available.



Dr. Dohner explains ...

## Laser Hair Removal

The Most Effective, Precise and Cost-Efficient Procedure Available

Embarrassed by unwanted hair? Tired of the bumps, nicks, burns and hassle of repeated shaving, tweezing or waxing? You're not alone! Unwanted hair growth is a common annoyance for men and women, and for some it's a more serious problem. The good news: you don't have to expose yourself to repeated shaving or harsh chemicals to remove excess hair.

### Safe and Effective Laser Hair Removal

Laser hair removal is state-of-the-art, and the results are long-lasting, even permanent. This technology offers the best proven method of eliminating hair from large areas of the body, including the back, chest, legs and face. Treatment is effective, precise and cost efficient.

### What You Can Expect During and After Laser Treatment

At first, you will likely feel a slight stinging sensation, indicating that the laser has been activated. Most people easily tolerate the procedure with no topical anesthetic, but to minimize any discomfort your clinician may apply one to the area being treated.

Depending on the work you are having done, the procedure may last from a few minutes to several hours. The smaller the area, the less time is involved. After treatment, you may briefly experience minor swelling and redness. For the most part, you can return to your normal routine immediately, taking care to should avoid direct sun exposure.

### Six Things That Could Stimulate Unwanted Hair Growth

1. Heredity (Your genes determine a lot.)
2. Normal physiological changes (puberty, pregnancy and menopause)
3. Malfunction of the endocrine system
4. Human intervention and topical influences (stimulation from tweezing and/or waxing)
5. Medication (Common triggers for hair growth include birth control pills, cortisone, seizure drugs and high blood pressure medication.)
6. Stress (Emotional and physical stress can stimulate the adrenal glands and cause soft, fine body hair to become coarse and more visible.)

Tired of unsightly body hair? Call for more information and to schedule an appointment: (607) 431-2525.

- Acne and Acne Scar Laser Treatments
- BOTOX and Dysport
- Cellulite Smoothing by Thermage
- Chemical Peels
- Fungal Toenail Laser Treatment
- General Dermatology: Acne, Rashes, Moles, Warts
- Laser Hair Removal
- Microdermabrasion
- CO<sub>2</sub> Fractional Resurfacing: Wrinkles, Acne, Scarring, Crow's Feet, Smoker's Lines
- Radiesse Long Term Filler
- Restylane; Juvéderm, Perlane
- Skin Care Products
- Sclerotherapy: Spider Veins
- Varicose Veins Treatment: In-Office Awake Surgery
- Thermage Skin Tightening: Eyelids, Face, Belly, Arms



# October

Specials at the New York Skin & Vein Centers

SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
National Sarcastic Awareness Month	Jennifer Clark Dermatology Services Acne, Rashes, Moles, and Warts ... Oh My!	HALF OFF Your Second Spa Treatment (10 am – 2 pm)	FREE Eye Treatment with Any Facial	FREE Hand or Foot Treatment with any 1 hour massage	HALF OFF Any Second Area of Waxing	Our Spa Staff is Here to Serve You 9 am – 5 pm
1 <b>Are You Ready for Fifty Shades of Oneonta? Sign Up Today!</b>	2 <b>Guardian Angel Day</b>	3 <b>FREE Eye Treatment</b> with Any Facial	4 <b>WORLD Pet Day</b>	5 <b>WORLD Smile Day</b>	6 <b>WORLD Teacher's Day</b>	
7 <b>You Matter Day</b>	8 <b>Columbus Day</b>	9 <b>sign up</b> GIVE US YOUR EMAIL ADDRESS TO GET <b>Exclusive Email Offers</b> oneontalaserderm@yahoo.com	10 <b>INTERNATIONAL Newspaper Carriers Day</b>	11 <b>FREE Hand or Foot Treatment</b> with Any 1 Hour Massage	12 <b>HAPPY HOUR!</b> TGIF!	13 <b>FREE Varicose Vein Ultrasound</b> WITH DR. DOHNER (10 a.m. – 3 p.m.) CALL TO SCHEDULE AN APPOINTMENT
14 <b>Find Us On Facebook</b>	15 <b>I Love Lucy Day</b>	16 <b>CHECK YOUR EMAIL FOR Internet Only Specials!</b>	17 <b>Patient Appreciation Day</b> See details on page 1	18 <b>NATIONAL Chocolate Cupcake Day</b>	19 <b>HALF OFF</b> Any Second Area of Waxing	20 <b>Information Overload Day</b>
21 <b>Reptile Awareness Day</b>	22 <b>Caps Lock Day</b>	23 <b>Tuesday Spa Special</b> Half Off Your Second Spa Treatment	24 <b>United Nations Day</b>	25 <b>WORLD Pasta Day</b>	26 <b>Frankenstein Friday</b>	27 <b>Cranky Co-workers Day</b>
28 <b>GUARANTEED SATISFACTION GUARANTEED</b> <b>Today and Everyday!</b>	29 <b>Lung Health Day</b>	30 <b>Devil's Night</b>	31 <b>Happy Halloween!</b>	<b>Sign Up Now for the Party of the Season! Only 150 Tickets are Available!</b> See page 1 for details.		

